

"Our mission is to bring the good news of Jesus Christ's love to our entire community through traditional Anglo-Catholic worship, fellowship, outreach, and Christian formation."

**Our Vision:** "We strive to be a haven of healing, reconciliation, joy and peace in service to our wider community and beyond, so that our example in prayer and practice may reflect Christ's love for us all.

# THIS SUNDAY July 5th & BEYOND

Setting Our Minds on the Spirit

In parts of chapters 7 and 8 of his letter to the Romans, the Apostle Paul reflects on his inner battle with evil. He clearly perceives there is a struggle between his inmost desire of God and the desires of the flesh. He also acknowledges that the Law is not enough to enable us to overcome those evil desires, but Jesus Christ our Lord is!

By His incarnation, by becoming one of us in the flesh, Christ was able to overcome sin for us, so that by abiding in Him we can be victors over sin and followers of the Way of the Spirit, which is the Way of life and peace.



But what is the Way of the Spirit as opposed to the way of the flesh?

The use of the term flesh may mislead us to think that the bodily part of our lives is intrinsically sinful. But God created us with a body. We are also our bodies. It is with our bodies that we relate to our fellow human beings and the whole of creation. Paul himself says that our bodies are the temple of the Holy Spirit, so they are holy. The Church is said to be the Body of Christ. It is through it that Christ continues to act in the world.

The use of the term flesh by Paul as opposed to Spirit has to do more with the desires of our human nature that make us selfish, self-centered, wanting to please and satisfy ourselves regardless of the needs of others, than with our bodily constituents. Likewise, when we think of the spiritual life, we should not be misled to think that we need to get rid of our corporality or punish it or ignore it to live spiritual lives.

In fact, the real spiritual life is a life consecrated to serving God, our fellow human beings, and the whole of creation. And it is with the use of our whole beings, minds and bodies, that we can carry out this sacred duty. The more we depart from the demanding desires of ourselves and become better bearers of God's unconditional love, the more spiritual our lives will be.

We do not need to become bodiless to set our minds on the Spirit. We do need to understand that trying to follow the Law by our efforts only, will not set us free from our sinful desires. The battle that Paul describes is our own battle. But we are not alone in it. Christ our Lord has overcome this battle for us. If we let the Holy Spirit, the Spirit of Truth, guide us in the battle, we shall be victors. And true and abundant life, and the peace that surpasses all understanding will be our sure reward.

Fr. Carlos Expósito, Rector

## Weekly Calendar Sunday, July 5 to Sunday July 12, 2020

SUNDAY: The Fifth Sunday after Pentecost

9:00am Service Join Zoom Meeting

https://us02web.zoom.us/j/81869682532?pwd=cTh6YkpGOUFSQXIwU2dCYUYwQzRFZz09

**TUESDAY:** Noon Service Join Zoom Meeting

https://us02web.zoom.us/j/81274109081?pwd=SUYyclp0Y3F0MlNad29BSnA4WnZCdz09

FRIDAY: In Dialogue with Scripture at noon

Join Zoom Meeting

https://us02web.zoom.us/j/857993476?pwd=a1lTQk10bUc0MjNZUGFMem9xVVljdz09

#### **SATURDAY: Societies of Mary Day of Devotion**

Join Zoom Meeting

https://us02web.zoom.us/j/81869682532?pwd=cTh6YkpGOUFSQXlwU2dCYUYwQzRFZz09

#### **SUNDAY: The Sixth Sunday after Pentecost**

9:00am Service Join Zoom Meeting

 $https://us02web.zoom.us/j/81869682532?pwd = cTh6YkpGOUFSQXlwU2dCYUYwQzRFZz09\ https://us02web.zoom.us/j/81869682532?pwd = cTh6YkpGOUFSQXlwU2dCYUYwQzRFZz09\ https://us02web.zoom.us/j/818696829\ https://us02web.zoom.us/j/81869\ https://us02web.zoom.us/j/81869\ https://us02web.zoom.us/j/81869\ https://us02web.zoom.us/j/81869\ https://us02web.zoom.us/j/81869\ https://us02web.zoom.us/j/81869\ https://us02web$ 

NOTE: To activate Zoom you need to click on the link and zoom will download and put you in the meeting. If you have a camera and microphone they can interact in the meeting. The meeting is setup to not auto turn on your camera. You will need to make that decision.

Otherwise it will be on Facebook - a video and you can listen and watch. Easy access to All Saints' Facebook page via our web site at www.allsaintschurch.org

### The Sixth Sunday after Pentecost:

Isaiah 55:1-5, 10-13 Psalm 65:9-14 Romans 8:9-17 Matthew 13:1-9, 18-23